

# REGISTERED DIETICIAN

## (Nursing Homes)

DISTINGUISHING FEATURES OF THE CLASS: The work involves responsibility for planning and carrying out the nutritional needs of residents in county nursing homes. The incumbent assesses nutrition needs of residents based on federal and state guidelines. The Registered Dietician also determines if residents are at nutritional risk and consults with physicians and other health care professionals. The work is carried out under the general supervision of the Nursing Home Administrator. Supervision may be exercised over subordinate program staff. A Registered Dietician (Nursing Homes) does related work as required.

### TYPICAL WORK ACTIVITIES:

- Complete nutritional initial, quarterly, annual and significant change reviews on residents according to federal and state guidelines, or provide professional oversight of the Diet Technician who performs the review;
- Review monthly and weekly weights to determine those residents which have had a significant change, or provide professional oversight of the Diet Technician who performs the review;
- Complete nutritional reviews monthly on high risk residents (significant weight loss/gain, pressure ulcer, hemodialysis, and tube fed);
- Assess nutritional needs, diet restrictions and current health plans in order to develop and implement dietary care plans and provide nutritional counseling as needed, or provide professional oversight of the Diet Technician who performs the review;
- Attend and participate in care plan conferences, Quality Assurance, and other clinical meetings as directed;
- Consult with physicians and other health care personnel (Nurse Practitioners, Dialysis Dietitians, etc.) to determine diet restrictions and nutritional needs of residents;
- Assist in coordination of nutrition care services with the food services supervisor;
- Attend and participate in morning meetings to facilitate communication with the team;
- Perform QA auditing of food service operations to ensure conformance to nutritional, safety, sanitation and quality standards, as well as state and federal regulations;
- Perform QA auditing of food control systems such as food temperatures, portion control, preparation methods, garnishment and presentation of food in order to ensure that food is prepared and presented in an acceptable manner;
- Perform periodic inspection of meal trays for conformance to physician's diet orders.

### FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES, AND PERSONAL CHARACTERISTICS:

- Thorough knowledge of modern principles and practices related to nutrition including nutritional and dietary assessment and planning;
- Good knowledge of federal, state and local laws rules and regulations related to dietary care and services;
- Working knowledge of Familiar with the Nutrition Care Process;
- Working knowledge and understanding of the Resident Assessment Instrument Process;
- Skill in human and public relations;
- Ability to meet all health, compliance, and competency requirements;
- Ability to identify priorities;
- Ability to communicate and express oneself effectively both orally and in writing;
- Ability to relate positively, effectively, and appropriately with patients/residents, families, staff and professional colleagues;

- Ability to perform all assigned tasks in accordance with the facility's established policies and procedures, and as directed by supervisors.
- Ability to use logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems;
- Ability to successfully complete state required background check and is eligible to work in the facility;
- Physical condition sufficient to perform the essential functions of the position.

MINIMUM QUALIFICATIONS:

Graduation from a regionally accredited college or university or one accredited by the New York State Board of Regents to grant degrees with a Bachelor's Degree in food and nutrition and registration or eligibility for registration by the American Dietetic Association.

SPECIAL REQUIREMENT:

Possess and maintain driver's license appropriate to operate a vehicle in New York State.

NOTE: The minimum qualifications for this position are mandated under Section 700.2 of New York State Health Rules and Regulations.

CATTARAUGUS COUNTY CIVIL SERVICE

Adopted: March 7, 2017