

PHYSICAL THERAPY AIDE

DISTINGUISHING FEATURES OF THE CLASS: This is non-technical work involving the performance of routine tasks in assisting in the conduct of a facility's physical therapy maintenance program. The work is performed through consultation with a qualified Therapist. Incumbents receive on-the-job training in routine therapy related duties and procedures. A Physical Therapy Aide does related work as required.

TYPICAL WORK ACTIVITIES:

- Assists residents in carrying out maintenance regimes as prepared by a Physical Therapist;
- Administers routine treatments such as hot and cold packs;
- Prepares and readies materials and equipment used in rehabilitative programs;
- Prepares residents for treatment and transports or accompanies them to treatment areas;
- Assists residents to dress, undress, and put on and remove assistive and supportive devices prior to and after treatment;
- Secures residents into or onto therapy equipment;
- Safeguards, motivates, and assists residents practicing exercises and functional activities;
- Observes residents during treatments and reports progress and/or problems to the Physical Therapist;
- Cleans and prepares clinic and equipment for daily use;
- Prepares and completes various reports as necessary, such as discharge summary, patient care and monthly reports;
- May record treatment given and equipment used;
- May inventory and requisition supplies and equipment.

FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES, AND PERSONAL CHARACTERISTICS: Working knowledge of the basic principles and terminology related to the therapy program in a health care facility; ability to acquire a working knowledge of the operation and maintenance of apparatus and equipment used in the therapy program; ability to work with the ill, aged, and handicapped persons; ability to observe and communicate patients' responses to treatment; ability to prepare and maintain basic forms and reports; ability to follow oral and written instructions; sufficient physical strength to lift and support adult patients; physical condition sufficient to perform the essential functions of the position.

MINIMUM QUALIFICATIONS: Graduation from high school or possession of a high school equivalency diploma, and either:

- A) Possession of a current certification as being included in the New York State Residential Health Care Facility Nurse Aide Registry;

OR

- B) Successful completion of a New York State approved residential health care facility nurse aide program and have passed the New York State authorized clinical skills competency examination and written or oral competency examination and be awaiting notification of entry in the New York state Residential Health Care Facility Nurse Aide registry by receipt of a certification document;

OR

- C) A current license and/or registration to practice as a Licensed Practical Nurse or Registered Nurse.

CATTARAUGUS COUNTY CIVIL SERVICE COMMISSION

Revised: 3/21/96

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